

The Friendlies is 100% owned by you, the community

Home of the **110%** price Guarantee

The Friendlies super savers



Spend \$20 in-store to

WIN a

\$2000

spending spree!

See back page for details.

Now that's friendly!

Harpic 450mL Toilet Cleaner

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Dove Beauty Bar 100g

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Rexona 150g Deodorant

When you spend \$30 or more in store.

\$1



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon Item per customer. Excludes prescriptions, specials and catalogue items

Vitamins For Health

Nature's Own™

- A. Nature's Own Odourless Fish Oil 1000mg 200^v
- B. Nature's Own Focus and Perform 40^v
- C. Nature's Own Triple Strength Garlic/C/Horseradish 100^v
- D. Nature's Own Vitamin B12 1000mcg 60^v
- E. Nature's Own Calcium, Magnesium and D3 120^v
- F. Nature's Own Chromium Picolinate 200^v
- G. Nature's Own Liver Tonic 50^v
- H. Nature's Own Vitamin B6 200mg 60^v
- I. Nature's Own Iron Plus 50^v
- J. Nature's Own Zinc, B6 and Magnesium 200^v

- \$21.59 **SAVE \$9.40**
- \$16.99 **SAVE \$9.00**
- \$21.24 **SAVE \$8.75**
- \$13.64 **SAVE \$6.35**
- \$18.14 **SAVE \$9.85**
- \$15.54 **SAVE \$6.45**
- \$12.19 **SAVE \$6.30**
- \$13.99 **SAVE \$6.50**
- \$8.59 **SAVE \$4.90**
- \$19.99 **SAVE \$10.00**

\$19²⁴
SAVE \$8.75

Nature's Own High Strength Magnesium Orotate 60^v



\$41²⁴
SAVE \$18.75



Nature's Way Activated Curcumin 90^v

\$25⁹⁹
SAVE \$14.00



Nature's Way Glucosamine 1500mg 200^v

\$8⁹⁹
SAVE \$4.00



Nature's Way HS Iron 30^v

\$16⁵⁹
SAVE \$7.40



Nature's Way HS Magnesium 150^v

\$10⁹⁹
SAVE \$5.50



Nature's Way Complete Daily Multi 200^v

\$19⁹⁹
SAVE \$10.00



Nature's Way Magnesium + Calcium 150^v

\$44⁹⁹
SAVE \$23.00



Bioglan Glucosamine Chondroitin MSM 180^v

\$24⁹⁹
SAVE \$14.00



Bioglan Multi + Vision Advanced 50^v

\$20⁸⁸
SAVE \$13.11



Bioglan Ashwagandha 6000mg 60^v

\$16⁶⁹
SAVE \$9.30



Bioglan Sleep Tablets 90^v

\$18⁷⁴
SAVE \$10.25



Bioglan Turmeric 1000mg 100^v

\$19⁹⁹
SAVE \$12.00



Bioglan Magnesium 150^v



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<p>\$14.74 SAVE \$7.75</p>  <p>Cenovis Garlic, Horseradish + C Complex 120^v</p>	<p>\$21.14 SAVE \$8.85</p>  <p>Cenovis Once Daily Men's and Women's Multi 100^v</p>	<p>\$14.54 SAVE \$7.95</p>  <p>Cenovis Echinacea Garlic Zinc + C 60^v</p>	<p>\$23.49 SAVE \$10.50</p>  <p>Ethical Nutrients Inner Health Plus 30^v</p>	<p>\$22.64 SAVE \$8.85</p>  <p>Ethical Nutrients Bone Builder Powder 150g^v</p>	<p>\$22.99 SAVE \$9.50</p>  <p>Ethical Nutrients IBS support 30^v</p>	<p>\$17.39 SAVE \$9.10</p>  <p>Caltrate Bone + Muscle 50+ 100^v</p>
<p>\$14.99 SAVE \$4.50</p>  <p>Brauer Childrens Sleep 100mL^v</p>	<p>\$24.59 SAVE \$12.40</p>  <p>Sambucol Immuno Forte 250mL^v</p>	<p>\$59.99 SAVE \$33.50</p>  <p>Promensil Double Strength 60^v</p>	<p>\$13.84 SAVE \$6.15</p>  <p>Caruso's Cascara 60^v</p>	<p>\$17.44 SAVE \$9.55</p>  <p>Caruso's Fluid Away 30^v</p>	<p>\$39.99 SAVE \$26.50</p>  <p>Caruso's Super Curcumin Arthritis Relief 90^v</p>	<p>\$25.99 SAVE \$11.50</p>  <p>Caruso's Anxiety Aid 30^v</p>













BLACKMORES®

THE BEST OF HEALTH

- A. Blackmores Sustained Release C 200^v \$32.54 **SAVE \$17.45**
- B. Blackmores Tranquil Night 60^v \$16.24 **SAVE \$8.75**
- C. Blackmores Cranberry 15000 60^v \$22.99 **SAVE \$14.00**
- D. Blackmores Super Strength CoQ10 300mg 30^v \$23.99 **SAVE \$10.00**
- E. Blackmores Bio Zinc 84^v \$18.64 **SAVE \$8.35**
- F. Blackmores Selemite B 100mcg 100^v \$14.34 **SAVE \$7.15**
- G. Blackmores Macuvision 150^v \$43.99 **SAVE \$21.00**
- H. Blackmores Insolar 60^v \$14.34 **SAVE \$6.15**
- I. Blackmores Magmin 50^v \$10.99 **SAVE \$4.50**
- J. Blackmores Vitamin E 500IU 50^v \$14.59 **SAVE \$7.40**

\$25.99

SAVE \$12.00

Blackmores Prostate Health Formula 60^v

Friendly Specials



\$1⁹⁹
Hot Price

Panaxam 500mg
100* **



\$6⁴⁹
Hot Price

Nurofen Zavance tab/cap
24



\$8⁴⁹
SAVE \$3.50

Polyvisc Ointment
3.5g



\$10⁵⁹
SAVE \$4.40

Infants' Friend
100mL



\$4⁴⁹
SAVE \$2.00

Refresh Liquigel Eye
Drops 15mL



\$12⁹⁹
SAVE \$7.50

Canesten Antifungal Cream
50g*



\$4⁹⁹
SAVE \$3.00

Dulcolax Suppositories
10mg 10



\$13¹⁴
SAVE \$7.85

Cepacol Solution
500mL



\$4⁵⁹
SAVE \$1.90

Libra tampons regular/super
16



\$12⁸⁸
SAVE \$7.11

Movicol
30



\$9⁹⁹
SAVE \$4.00

Vagisil
25g



\$11²⁹
SAVE \$5.70

Eulactol Heel Balm Gold
60mL



\$26³⁴
SAVE \$13.65

Metamucil
100



\$10⁹⁹
SAVE \$5.00

Azep Hayfever relief
5mL*



\$9⁹⁹
SAVE \$5.00

Metsal Cream
125g



\$9⁹⁹
SAVE \$5.00

Buscopan Forte 20mg
10*



\$10⁹⁹
SAVE \$5.50

Ferrogen + Folic Acid
MR 30*



\$7⁷⁴
SAVE \$5.25

Polygel Eye Gel
30



\$24⁹⁹
SAVE \$10.00

Benzac AC Gel 5.0%
60g



\$8⁹⁹
SAVE \$4.00

Medi Pulv Antiseptic
Powder 25g

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\$10.49
SAVE \$6.00

Bepanthen First Aid Cream 100g



\$10.29
SAVE \$5.20

Eurax Cream 20g



\$12.44
Hot Price

Naprogesic 275mg 24*



\$9.99
SAVE \$4.50

Otrivin Adult Nasal Spray 10mL*



\$11.88
SAVE \$6.11

Zyrtec Kids 75mL*



\$6.99
SAVE \$6.00

Chemists' Own Cold Sore Cream 5g



\$19.99
SAVE \$12.00

Chemists' Own Fexo 180mg 50*



\$6.99
SAVE \$5.00

Chemists' Own Laxative with Senna 90



\$5.99
SAVE \$5.00

Chemists' Own Diarrhoea relief 20*



\$6.99
SAVE \$4.50

Chemists' Own Low Dose Aspirin 100mg 168*



\$16.99
SAVE \$5.00

Chemists' Own IBS Support 50mL



\$21.99
SAVE \$11.00

Dulcolax 5mg 200



\$16.99
SAVE \$7.00

Sudocrem 250g



\$23.54
SAVE \$8.45

Bisolvon Chesty 8mg 100*



\$9.64
SAVE \$4.35

Hamilton Everyday Face 50+ 75g



\$13.49
SAVE \$6.00

Durotuss Dry Cough 200mL*



\$16.49
Hot Price

Advil liquid Caps 90*



\$6.49
SAVE \$3.50

Pregnosis pregnancy kit 2 tests



\$9.84
SAVE \$4.65

Degas 48



\$10.34
SAVE \$5.15

Buscopan 10mg 20*

Friendly Specials



\$22³⁴
SAVE \$9.65

Mintec
60



\$8⁰⁹
SAVE \$3.90

Stop Itch Plus
Cream 50g



\$12⁹⁹
SAVE \$6.50

Gaviscon Infant sachets
30



\$20⁶⁹
SAVE \$14.30

Nizoral 2% shampoo
100mL*



\$20⁶⁹
SAVE \$6.30

Voltaren Emulgel
100g



\$19⁹⁹
Hot Price

Chemists' Own
Melatonin 2mg 30*



\$114⁹⁹
SAVE \$45.00

Omron Blood pressure
machine 7144



\$31⁹⁹
SAVE \$13.50

Voltaren Osteogel 12hr
150g



\$9⁶⁴
SAVE \$4.85

Gold Cross Senega and
Ammonia 500mL



\$13⁴⁹
SAVE \$8.00

Optive Advanced
15mL



\$7³⁴
Hot Price

Astrix Caps 100mg
84*



\$25⁹⁹
SAVE \$11.50

KP 24 Rapid with
comb 250mL



\$22⁵⁴
SAVE \$9.45

DaktaGold
30g*



\$8⁹⁹
SAVE \$4.00

Albalon Eye Drop
15mL*



\$23⁴⁹
SAVE \$14.00

Ego Moov Headlice
Shampoo 500mL



\$12³⁴
SAVE \$6.65

Ego QV Bath Oil
500mL



\$18⁹⁹
SAVE \$7.50

Ego Pinetarsol Gel
450g*



\$11⁹⁹
SAVE \$5.00

Sukin Volumising Shampoo
and Conditioner 500mL



\$9¹⁴
SAVE \$4.85

Sukin Sensitive Facial
Moisturiser 125mL



\$13⁴⁹
SAVE \$7.50

Sukin Body Lotion Lime and
Coconut 500mL

If you find any of these products advertised for less, we'll give you 110% of the difference!

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Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



We offer **CERTEGEY** as a payment option* for CPAP and Rehabilitation aids.
Pay 25% deposit and collect stock immediately. Pay off balance over 10 equal payments.
*Conditions apply.



Reform Neck Support ICR6
\$74.99



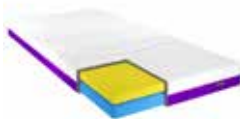
Back Cushion IC167
\$31.99



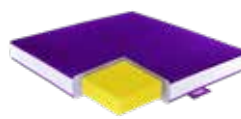
Reform Seat Support ICR1
\$143.99



Icare Bed IC333KS
\$2999.99



Reform Seat Support ICR1
\$527.99



Icare Seat Cushion IC1045
\$39.99



Knee Cushion IC173
\$21.99

**EXCLUSIVE OFFER
AVAILABLE IN-STORE ONLY**



\$1999⁹⁹

PHILIPS DREAMSTATION AUTO MACHINE

+ CPAP Mask **FREE**

+ CPAP Wipes **FREE**

+ Filters **FREE**

NOW AVAILABLE AT: MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235
GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444

*NOTE: CPAP SPECIAL IS NOT AVAILABLE FOR CERTEGEY CUSTOMERS

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\$2.99
SAVE \$2.00

Morning Fresh dishwashing liquid 400mL



\$3.99
SAVE \$2.00

Palmolive Shampoo and Conditioner 350mL

\$1.79
SAVE \$1.70



Palmolive Soap 4x90g



\$2.99
SAVE \$2.00

Ajax Spray n Wipe 500mL



\$4.49
SAVE \$2.50

Duo Front and Top Loader 2kg



\$2.49
SAVE \$1.50

Airwick 185g

\$4.99
SAVE \$2.00



Napisan Vanish 950g

\$2.29
SAVE \$1.20



Colgate Toothpaste Cool Mint and Regular 175g

\$0.99
SAVE \$1.50



Colgate Toothbrush Extra Clean

\$3.79
SAVE \$1.20



Rexona 150g

WIN a \$200 spending spree!

The Friendlies Discount Pharmacy

QUEENSLAND

Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	59 Mary Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 12352

NEW SOUTH WALES

Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444
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The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5481 1015

DISCLAIMER: All Prices are valid between the 1st and 30th of April. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. ^v Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store. Last month's winner: **John Bonnick, Gympie**



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