

The Friendlies is 100% owned by you, the community

Home of the **110%** price Guarantee

The Friendlies

MOTHER'S DAY

Giveaway

Win a \$200 Homyped voucher! Visit us to find out how.

Homyped gift vouchers available instore



Now that's friendly!

Palmolive liquid 750mL

When you spend \$30 or more in store.

\$1



Conditions Apply. Please see a Friendlies staff member instore for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items



Colgate Toothpaste Cool Mint and Regular 175g

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member instore for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items



Palmolive Handwash 250mL

When you spend \$30 or more in store.

1¢



Conditions Apply. Please see a Friendlies staff member instore for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items



Vitamins For Health

Nature's Own™

- A. Nature's Own Ultra B 150 Forte 60^v
- B. Nature's Own Vitamin B3 500mg 120^v
- C. Nature's Own Odourless Fish Oil 1000mg 400^v
- D. Nature's Own High Strength Echinacea 10000 30^v
- E. Nature's Own High Strength Zinc 30mg 120^v
- F. Nature's Own 4 in 1 Concentrated Fish Oil 60^v
- G. Nature's Own Vitamin E 500IU 60^v
- H. Nature's Own Kelp 1000mg 200^v
- I. Nature's Own Biotin Strong Nails 100^v
- J. Nature's Own Valerian Forte 2000mg 60^v

- \$22.34 **SAVE \$11.65**
- \$15.99 **SAVE \$9.00**
- \$38.99 **SAVE \$18.50**
- \$12.34 **SAVE \$7.65**
- \$18.34 **SAVE \$9.15**
- \$15.39 **SAVE \$6.60**
- \$11.64 **SAVE \$6.85**
- \$23.14 **SAVE \$13.85**
- \$12.34 **SAVE \$6.65**
- \$23.54 **SAVE \$12.95**

\$14.84
SAVE \$10.15

Nature's Own
Slippery Elm
400mg
60^v



\$34.99
SAVE \$17.00



Bioglan
CoQ10 300mg
60^v

\$34.99
SAVE \$15.00



Bioglan
Fish Oil 1000mg
400^v

\$24.84
SAVE \$12.15



Bioglan
Glucosamine 1500mg
200^v

\$23.24
SAVE \$11.75



Bioglan
Hizorb TS Turmeric
100^v

\$29.99
SAVE \$18.00



Bioglan
Red Krill Oil 1000mg
60^v

\$35.99
SAVE \$18.00



Bioglan
Glucosamine
Chondroitin Turmeric
120^v

\$19.99
SAVE \$10.00



Nature's Way
Fish Oil 1500mg
200^v

\$31.89
SAVE \$18.10



Nature's Way
Restore
90^v

\$19.88
SAVE \$10.11



Nature's Way
SF ACV 1200mg
90^v

\$16.24
SAVE \$7.75



Nature's Way
Adult Vita
Gummies Women's
Multivitamin 100^v

\$12.89
SAVE \$7.10



Nature's Way
Med VG Variety
30^v

\$13.19
SAVE \$6.80



Nature's Way
Restore
Stomach Upsets
20^v

The Friendlies
super savers

If you find any of these products advertised for less, we'll give you 110% of the difference!

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\$25⁴⁹
SAVE \$9.50



Cenovis CoQ10 150mg 90^v

\$12⁹⁹
SAVE \$6.50



Cenovis Echinacea 5000 60^v

\$26⁹⁹
SAVE \$13.50



Cenovis Mega E 500mg 250^v

\$20⁶⁴
SAVE \$11.35



Ethical Nutrients Immune Defence 30^v

\$24⁹⁹
SAVE \$11.00



Ethical Nutrients Inner Health Plus Dairy Free 30^v

\$21⁶⁴
SAVE \$6.35



Ethical Nutrients Chromium Sugar Balance 60^v

\$8²⁹
SAVE \$4.20



Caltrate Bone Health 60^v

\$12⁶⁴
SAVE \$7.85



Sambucol Kids 120mL^v

\$17⁵⁹
SAVE \$9.90



Brauer Arnica 60^v

\$21⁹⁹
SAVE \$12.50



Centrum Advance Tabs 100^v

\$22⁶⁴
SAVE \$11.35



Caruso's Ultra Max Astaxanthin 30^v

\$14³⁴
SAVE \$6.65



Caruso's Ultra Max Vitamin D3 1000IU 250^v

\$28⁹⁹
SAVE \$15.00



Caruso's Bergamot 50^v

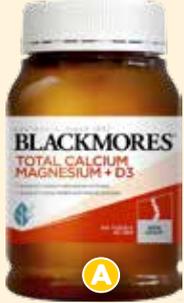
\$20⁷⁸
SAVE \$14.21



Caruso's Krill Oil 1000mg 30^v

BLACKMORES[®]

THE BEST OF HEALTH



A. Blackmores Total Calcium Magnesium and D3 200^v \$29.99 **SAVE \$12.00**



B. Blackmores Valerian Forte 30^v \$14.29 **SAVE \$6.70**



C. Blackmores Executive B 62^v \$19.64 **SAVE \$10.35**



D. Blackmores Echinacea Forte 40^v \$12.34 **SAVE \$7.65**



E. Blackmores Nails, Hair and Skin 60^v \$16.29 **SAVE \$6.70**



F. Blackmores Lutein-Defence 60^v \$26.99 **SAVE \$13.00**



G. Blackmores Odourless Fish Oil 200^v \$17.39 **SAVE \$9.10**



H. Blackmores Superkids 60^v \$9.99 **SAVE \$5.00**



I. Blackmores Bio Magnesium 100^v \$21.64 **SAVE \$11.85**



J. Blackmores Travel Calm Ginger 45^v \$11.69 **SAVE \$4.30**

\$14⁶⁹
SAVE \$5.80

Blackmores Vitamin E 1000IU 30^v

Friendly Specials



\$6.49
Hot Price

Nurofen Zavance
Tab/Cap 24



\$15.64
SAVE \$8.35

Brauer Sport Ice Joint and
Muscle Gel 100g



\$14.99
SAVE \$9.00

Breath-A-Tech
Inhaler Chamber



\$21.99
SAVE \$11.00

Wart Off Freeze
38mL



\$9.84
SAVE \$4.65

SM33 gel
10g*



\$12.99
SAVE \$6.00

Medi Gel
50g



\$7.44
SAVE \$4.55

Coloxyl 50mg
100



\$9.49
SAVE \$6.50

Difflam Throat
Lozenges 16*



\$11.64
SAVE \$6.35

Systane Ultra
10mL



\$28.79
SAVE \$14.20

Lucas Papaw ointment
200g



\$12.84
SAVE \$5.15

Migrastick
3mL



\$26.99
SAVE \$12.50

Allertine 20mg
30*



\$12.99
SAVE \$7.00

Biotene Oral Balance
Gel 42g



\$9.59
SAVE \$5.40

Benefibre
155g



\$14.24
SAVE \$6.75

Claratyne
120mL*



\$14.39
SAVE \$6.60

Lamisil Cream
15g*



\$14.34
SAVE \$7.15

Osmolax Relief
595G



\$14.34
SAVE \$6.65

Daktarin Spray
100g*



\$6.89
SAVE \$3.10

Dencorub Arthritis Cream
100g



\$4.99
Hot Price

Advil Rapid Release
24*

If you find any of these products advertised for less, we'll give you 110% of the difference!

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\$26.99
SAVE \$12.10

Desonex 5mg 40*



\$28.99
SAVE \$13.50

KP 24 Rapid 300mL



\$34.99
SAVE \$15.00

Zyrtec 10mg 50*



\$36.99
SAVE \$17.00

Claratyne Rapid 60*



\$12.19
SAVE \$6.30

Daktarin Tincture 2% 30mL*



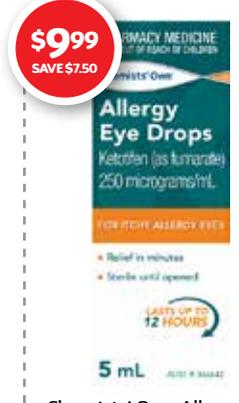
\$19.99
SAVE \$17.00

Chemists' Own Fexo 180mg 70*



\$12.99
SAVE \$6.00

Chemists' Own Mometasone 50mcg 140*



\$9.99
SAVE \$7.50

Chemists' Own Allergy Eye Drops 5mL*



\$19.99
SAVE \$13.00

Chemists' Own C-Zine 10mg 70*



\$12.99
SAVE \$6.50

Chemists' Own Provance Magnesium Forte 60*



\$13.49
SAVE \$6.00

Mylanta 2go Original Chews 100



\$19.79
SAVE \$8.20

Hirudoid Cream 40g



\$28.49
SAVE \$15.50

Breathe Right Nasal Strips 30



\$8.99
SAVE \$4.00

Gastrolyte Blackcurrant Effervescent 20



\$4.24
Hot Price

Panadol Optizorb 20



\$8.69
SAVE \$3.80

Albalon A eye drop 15mL*



\$13.64
SAVE \$7.35

Invite E Oil 30mL



\$9.99
SAVE \$5.00

Murine Clear Eyes eye drops 15mL*



\$13.84
SAVE \$6.15

Bisolvon Chesty Forte 200mL*



\$38.99
SAVE \$14.00

Nicorette Quick Mist Spray

Friendly Specials



\$10⁹⁹
SAVE \$7.00

Sudafed PE Day/Night
24*



\$8⁸⁸
SAVE \$5.11

Dermaveen Eczema
cream 100g



\$22⁹⁹
SAVE \$12.50

Telfast 120mg
30*



\$13⁶⁴
SAVE \$8.85

Telfast
150mL*



\$20⁹⁹
SAVE \$12.00

Magnoplasm
100g



\$5³⁴
SAVE \$2.65

Maxigesic
12*



\$27⁹⁹
Hot Price

Nurofen 5-12 years
200mL*



\$9⁹⁹
SAVE \$4.50

Bonjela Teething gel
15g



\$43⁹⁹
SAVE \$16.50

Nicabate CQ clear 21mg
2 weeks



\$17⁶⁸
SAVE \$7.31

Stingose Spray
100mL



\$24⁶⁹
SAVE \$14.30

Bio Oil
200mL



\$7⁹⁸
SAVE \$4.51

Medi Creme
50g



\$7⁷⁹
SAVE \$4.20

Gastro-stop Plus
12*



\$11⁶⁴
SAVE \$5.35

Auralgan ear drops
15mL*



\$18⁶⁹
SAVE \$6.30

Ego Pinetarsol Bath
Oil 500mL



\$22³⁴
SAVE \$9.15

Ego QV Gentle Wash
1L



\$13⁹⁹
SAVE \$7.00

Ego Aqium
1L



\$9²⁴
SAVE \$4.75

Sukin
Cream Cleanser Pump
125mL



\$9⁷⁴
SAVE \$4.25

Sukin
Charcoal Pore Scrub
125mL



\$9²⁴
SAVE \$6.25

Sukin
Blemish Facial Wash
125mL

If you find any of these products advertised for less, we'll give you 110% of the difference!

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110%
price Guarantee



We offer **CERTEGEY** as a payment option* for CPAP and Rehabilitation aids.
Pay 25% deposit and collect stock immediately. Pay off balance over 10 equal payments.
*Conditions apply.

Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.

\$475



Murray Bridge High Back Day Chair
CODE 18002HAF

\$435



Murray Bridge Low Back Day Chair
CODE 18002LAF



\$130

Sheep Skin Recliner cover
CODE- SS1100

\$275



Eco Dry Clothes line
CODE – ECO Dry

\$1999



SleepStyle™
5
YEAR

2+3 YEAR EXTENDED WARRANTY

EXCLUSIVE OFFER
AVAILABLE IN-STORE ONLY

HUGE CPAP SPECIAL! Fisher & Paykel Sleepstyle Auto

- + F&P mask **FREE**
- + Extended warranty **FREE**
- + 2x pack SS filters **FREE**

*Based on Recommended Retail Prices
*Offer valid while stocks lasts at participating Friendlies locations
*NOTE: CPAP special is not available for Certegey customers

NOW AVAILABLE AT: MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235
GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444

Independent Living

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\$2.49
SAVE \$2.50



Airwick
185g

\$0.99
SAVE \$1.50



Colgate Toothbrush
Extra Clean

\$1.99
SAVE \$3.00



Dove Beauty Bar
100g

\$1.99
SAVE \$2.00



Palmolive Handwash
250mL

\$2.99
SAVE \$2.00



Ajax Spray n Wipe
500mL

\$2.29
SAVE \$1.20



Colgate Toothpaste
Cool Mint and Regular
175g

\$4.49
SAVE \$2.50



Duo Front and Top
Loader 2kg

\$3.99
SAVE \$2.00



Palmolive Shampoo
and Conditioner 350mL

\$3.49
SAVE \$1.50



Jif
500mL

\$2.99
SAVE \$3.00



Harpic Powerplus
450mL

\$2.99
SAVE \$1.00



Pine-O-Cleen
Disinfectant 500mL

\$18.99
SAVE \$7.00



Finish Powerball
110

WIN a \$200 spending spree!

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store.
Last month's winner: **J Bosel, Maryborough**



The Friendlies Discount Pharmacy

QUEENSLAND

Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	59 Mary Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 1235

NEW SOUTH WALES

Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444
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The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5481 1015

DISCLAIMER: All Prices are valid between the 1st and 31st of May. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. *If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. **There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. †Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.

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