

The Friendlies is 100% owned by you, the community

Home of the  
**110%**  
price Guarantee

# The Friendlies super savers



Spend \$20 in-store to

**WIN a**

**\$200**

**spending spree!**

See back page for details.

*Now that's friendly!*

## Palmolive liquid 750mL

When you spend \$30 or more in store.

**\$1**



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

## Colgate Toothpaste Cool Mint and Regular 175g

When you spend \$30 or more in store.

**1¢**



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

## Palmolive Handwash 250mL

When you spend \$30 or more in store.

**1¢**



Conditions Apply. Please see a Friendlies staff member in-store for more details. Limit of 1 Coupon item per customer. Excludes prescriptions, specials and catalogue items

# Vitamins For Health

## Nature's Own™

- A. Nature's Own Triple Strength Garlic/C/Horseradish 100<sup>v</sup>
- B. Nature's Own Double Strength Cold Sore Relief 100<sup>v</sup>
- C. Nature's Own Calcium, Magnesium and D3 120<sup>v</sup>
- D. Nature's Own Fenugreek 1000mg 60<sup>v</sup>
- E. Nature's Own HS Echinacea 1000 30<sup>v</sup>
- F. Nature's Own Cranberry 50000 90<sup>v</sup>
- G. Nature's Own HS zinc 30mg 120<sup>v</sup>
- H. Nature's Own Ginseng 1000mg 60<sup>v</sup>
- I. Nature's Own Odourless Fish Oil 1500mg 400<sup>v</sup>
- J. Nature's Own Kelp 1000mg 200<sup>v</sup>

\$22.49 **SAVE \$11.50**  
 \$19.99 **SAVE \$9.00**  
 \$18.14 **SAVE \$9.85**  
 \$12.34 **SAVE \$6.65**  
 \$14.99 **SAVE \$2.50**  
 \$34.99 **SAVE \$15.00**  
 \$17.99 **SAVE \$9.50**  
 \$19.99 **SAVE \$11.00**  
 \$34.99 **SAVE \$13.00**  
 \$25.49 **SAVE \$11.50**

**\$16<sup>99</sup>**  
**SAVE \$7.00**

Nature's Own  
 HS Garlic  
 1000mg  
 100<sup>v</sup>



Nature's Way **40% off sale**



**\$22<sup>99</sup>**  
**SAVE \$10.00**



Bioglan  
 Magnesium  
 150<sup>v</sup>

**\$49<sup>99</sup>**  
**SAVE \$42.00**



Bioglan  
 Red Krill 1000mg  
 60<sup>v</sup>

**\$24<sup>99</sup>**  
**SAVE \$10.00**



Bioglan  
 Ashwagandha 6000mg  
 60<sup>v</sup>

**\$61<sup>99</sup>**  
**SAVE \$25.96**



Bioglan  
 DS Curcumin  
 70<sup>v</sup>

**\$24<sup>99</sup>**  
**SAVE \$10.00**



Bioglan  
 HS Milk Thistle+ choline  
 60<sup>v</sup>

**\$24<sup>99</sup>**  
**SAVE \$10.00**



Bioglan  
 Platinum Probiotics 30B  
 30<sup>v</sup>



If you find any of these products advertised for less, we'll give you 110% of the difference!

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**\$14<sup>74</sup>**  
SAVE \$7.75



Cenovis Garlic/  
Horseradish/  
C 120<sup>v</sup>

**\$23<sup>49</sup>**  
SAVE \$11.50



Cenovis Once Daily  
Women's Multi  
100<sup>v</sup>

**\$14<sup>54</sup>**  
SAVE \$7.95



Cenovis  
Echinacea/Garlic/  
Zinc + C 60<sup>v</sup>

**\$34<sup>49</sup>**  
SAVE \$14.00



Ethical Nutrients  
Inner Health Plus  
30<sup>v</sup>

**\$25<sup>99</sup>**  
SAVE \$9.00



Ethical Nutrients  
Super Multi Plus  
60

**\$35<sup>49</sup>**  
SAVE \$11.50



Ethical Nutrients  
IBS support  
30<sup>v</sup>

**\$18<sup>99</sup>**  
SAVE \$7.50



Caltrate Bone  
Muscle 50+  
100<sup>v</sup>

**\$14<sup>19</sup>**  
SAVE \$5.80



Caltrate  
Bone Health  
100<sup>v</sup>

**\$5<sup>99</sup>**  
SAVE \$2.00



Sam Relief  
Throat Loz  
16<sup>v</sup>

**\$8<sup>99</sup>**  
SAVE \$2.96



Sambucol  
Effervescent  
15<sup>v</sup>

**\$46<sup>99</sup>**  
SAVE \$17.00



Caruso's  
Liver Detox  
60<sup>v</sup>

**\$18<sup>99</sup>**  
SAVE \$9.00



Caruso's  
Menopause relief  
60<sup>v</sup>

**\$34<sup>49</sup>**  
SAVE \$12.50



Caruso's  
Arthritis Fighter  
100<sup>v</sup>

**\$17<sup>49</sup>**  
SAVE \$6.00



Caruso's  
Super Magnesium  
Complex 60<sup>v</sup>

**\$24<sup>99</sup>**  
SAVE \$10.50



Caruso's  
Olive leaf  
60<sup>v</sup>

**\$21<sup>44</sup>**  
SAVE \$9.55



Caruso's  
Aged Black Garlic  
60<sup>v</sup>

**\$20<sup>99</sup>**  
SAVE \$11.00



Caruso's  
Ginkgo 6000  
60<sup>v</sup>

**\$17<sup>44</sup>**  
SAVE \$9.55



Caruso's  
Fluid Away  
30<sup>v</sup>

**\$39<sup>99</sup>**  
SAVE \$20.50



Caruso's  
Super Curcumin  
Arthritis Relief 90<sup>v</sup>



## BLACKMORES<sup>®</sup> THE BEST OF HEALTH

- A. Blackmores Macuvision 150<sup>v</sup>  
\$43.99 **SAVE \$21.00**
- B. Blackmores Pregnancy Iron 30<sup>v</sup>  
\$7.89 **SAVE \$4.10**
- C. Blackmores Sustained Release C 200<sup>v</sup>  
\$32.54 **SAVE \$17.45**
- D. Blackmores Digestive Aid 60<sup>v</sup>  
\$20.64 **SAVE \$9.35**
- E. Blackmores Insolar 60<sup>v</sup>  
\$14.34 **SAVE \$6.65**
- F. Blackmores Proseren 120<sup>v</sup>  
\$51.49 **SAVE \$25.50**



# Friendly Specials

**\$14.99**  
SAVE \$9.00



Breath-A-Tech  
Inhaler Chamber

**\$7.99**  
SAVE \$4.00



Difflam Throat Lozenges  
16\*

**\$11.64**  
SAVE \$5.35



Systane Ultra  
10mL

**\$28.79**  
SAVE \$14.20



Lucas Papaw ointment  
200g

**\$12.84**  
SAVE \$5.15



Migrastick  
3mL

**\$13.14**  
SAVE \$7.85



Cepacol Solution  
500mL

**\$12.99**  
SAVE \$7.50



Biotene Oral Balance  
Gel 42g

**\$9.59**  
SAVE \$5.90



Benefibre  
155g

**\$14.24**  
SAVE \$7.75



Claratyne  
120mL\*

**\$36.99**  
SAVE \$13.00



Claratyne Rapid  
60\*

**\$12.19**  
SAVE \$6.30



Daktarin Tincture 2%  
30mL\*

**\$14.99**  
SAVE \$6.50



Mylanta 2go Original Chews  
100

**\$11.99**  
SAVE \$5.50



Bepanthen First Aid  
Cream 100g

**\$10.29**  
SAVE \$5.70



Eurax Cream  
20g

**\$12.44**  
Hot Price



Naprogesic 275mg  
24\*

**\$8.49**  
SAVE \$2.50



Dencorub Arthritis Cream  
100g

**\$29.99**  
SAVE \$12.00



Voltaren Emulgel  
100g

**\$7.44**  
SAVE \$4.55



Coloxyl 50mg  
155g

**\$14.49**  
SAVE \$8.00



Durotuss Dry Cough  
200mL\*

**\$22.99**  
SAVE \$12.50



Telfast 120mg  
30\*



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Degas  
48



Magnoplasm  
100g



Maxigesic  
12\*



Nurofen 5-12 years  
200mL\*



Bonjela Teething gel  
15g



Chemist's Own Sore Throat  
Lozenges Menthol & Eucalyptus  
16



Chemist's Own  
Chesty Mucous Cough  
200mL



Chemist's Own  
Provance Immune  
Defence 60



Chemist's Own  
Cough, Cold & Flu D&N PE  
24



Bisolvon Chesty Forte  
200mL\*



Voltaren  
Osteogel 12hr  
150g



Astrix Caps 100mg  
84\*



Wart Off Freeze  
38mL



Lamisil Cream  
15g\*



Osmolax Relief  
595G



Daktarin Spray  
100g\*



PhisoHex 1%  
500mL



Curash Nappy Rash  
Cream 100g



Lansinoh  
50g



# Friendly Specials

**\$11<sup>99</sup>**  
SAVE \$4.50



Buscopan 10mg  
20\*

**\$9<sup>34</sup>**  
SAVE \$4.15



Difflam gel extra strength 5%  
30g

**\$10<sup>99</sup>**  
SAVE \$7.00



Sudafed PE Day/Night  
24\*

**\$8<sup>99</sup>**  
SAVE \$4.00



Dimetapp 12 hour Nasal  
Spray 20mL\*

**\$15<sup>99</sup>**  
SAVE \$6.50



Polyvisc Ointment TWIN  
3.5g

**\$11<sup>44</sup>**  
SAVE \$8.05



Dermeze Soap Free  
Wash 500mL

**\$11<sup>49</sup>**  
SAVE \$5.00



Gaviscon Dual Act  
Berry 300mL

**\$13<sup>49</sup>**  
SAVE \$7.50



Gaviscon  
Peppermint 600mL

**\$8<sup>44</sup>**  
SAVE \$5.55



Daktarin Cream 2%  
70g\*

**\$20<sup>88</sup>**  
SAVE \$11.11



Flixonase 24Hour  
120\*

**\$8<sup>69</sup>**  
SAVE \$5.30



Albalon A eye drop  
15mL\*

**\$18<sup>99</sup>**  
SAVE \$6.00



Codral PE Cough Cold and Flu  
Day and Night 48\*

**\$4<sup>89</sup>**  
SAVE \$2.10



Panadol Mini Caps  
20

**\$23<sup>99</sup>**  
SAVE \$12.00



Agiolax  
250g

**\$10<sup>69</sup>**  
SAVE \$5.30



Ego Pinetarsol Bar  
100g

**\$23<sup>49</sup>**  
SAVE \$14.00



Ego Moov Headlice  
Shampoo 500mL

**\$12<sup>34</sup>**  
SAVE \$6.65



Ego QV Bath Oil  
500mL

**\$14<sup>99</sup>**  
SAVE \$6.00



Sukin Body Wash Pump  
1L

**\$9<sup>14</sup>**  
SAVE \$4.85



Sukin Sensitive Facial  
Moisturiser 125mL

**\$13<sup>49</sup>**  
SAVE \$7.50



Sukin Body Lotion Lime and  
Coconut 500mL

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# Independent Living

Having your knee or hip replacement done? Why not pop into Friendlies and pick up your mobility equipment.



We offer  
**CERTEGY**  
as a payment option\*  
for CPAP and  
Rehabilitation aids.  
Pay 25% deposit and collect stock  
immediately. Pay off balance  
over 10 equal payments.  
\*Conditions apply.

Flexi rollator  
4W-8SHAL  
**\$199.99**



Tri Walker  
WAF705500  
**\$170.00**



Push Down Brake Walker WAF705600  
**\$115.00**



Pride Go Electric Wheelchair PWS654200RE  
**\$3370.00**



Pride Litestream Carbon Powered PWS654185  
**\$4700.00**

**\$1999**



2+3  
YEAR  
EXTENDED  
WARRANTY

**EXCLUSIVE OFFER  
AVAILABLE IN-STORE ONLY**

## HUGE CPAP SPECIAL! Fisher & Paykel Sleepstyle Auto

- + F&P mask **FREE**
- + Extended warranty **FREE**
- + 2x pack SS filters **FREE**

\*Based on Recommended Retail Prices

\*Offer valid while stocks lasts at participating Friendlies locations

\*NOTE: CPAP special is not available for Certegy customers

**NOW AVAILABLE AT:** MARYBOROUGH, 2/60 ELLENA ST, PH: 4123 2733 / HERVEY BAY, 35 TORQUAY RD, PIALBA, PH: 4128 3899 / CHILDERS, 60 CHURCHILL ST, PH: 4126 1235  
GYMPIE, 59 MARY ST, PH: 5482 1032, & 70-72 CHANNON ST, PH: 5482 9390 / NAMBOUR, CNR ANN ST & PORTERS LANE, PH: 5441 1322 / GRAFTON, 18 PRINCE ST, PH: 6642 3444



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**\$2.99**  
SAVE \$2.00



Morning Fresh dishwashing liquid 400mL

**\$2.99**  
SAVE \$3.00



Harpic Powerplus 450mL

**\$1.99**  
SAVE \$3.00



Dove beauty bar 100g

**\$1.99**  
SAVE \$2.00



Palmolive Handwash 250mL

**\$4.99**  
SAVE \$2.00



Napisan Vanish 950g

**\$2.99**  
SAVE \$2.00



Palmolive Dishwashing liquid 750mL

**\$2.49**  
SAVE \$2.50



True Value Mens and Ladies disposable razors 8

**\$3.49**  
SAVE \$1.50



Colgate total advanced whitening 190g

**\$2.99**  
SAVE \$2.00



White King Bleach 1.25L

**\$3.74**  
SAVE \$1.25



Palmolive body wash 500mL

**\$18.99**  
SAVE \$7.00



Finish Powerball 110

**WIN a \$200** spending spree!

Spend \$20 in-store to go in the running to win a \$200 spending spree! Full details in-store.  
Last month's winner: **Carley John, Hervey Bay**

### The Friendlies Discount Pharmacy

#### QUEENSLAND

Maryborough	217 Adelaide Street, Maryborough Qld	07 4122 1455
Maryborough	277-281 Adelaide Street, Maryborough Qld	07 4123 2266
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Tinana	201 Gympie Road, Tinana Qld	07 4122 4647
Nambour	Cnr Ann Street and Porters Lane, Nambour Qld	07 5441 1322
Gympie	70-72 Channon Street, Gympie Qld	07 5482 1032
Childers	60 Churchill Street, Childers Qld	07 4126 1235
Granville	17 Odessa Street, Granville Qld	07 4114 1910

#### NEW SOUTH WALES

Grafton	18 Prince St Grafton, NSW 2460	02 6642 3444
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### The Friendlies Independent Living

Maryborough	60 Ellena Street, Maryborough Qld	07 4123 2733
Hervey Bay	Bay Plaza, 35 Torquay Road, Hervey Bay Qld	07 4128 3899
Gympie	70-72 Channon Street, Gympie Qld	07 5482 9390

**DISCLAIMER:** All Prices are valid between the 1st and 31st of May. Prices and products are correct at time of printing and we endeavour to ensure that all advertised products are available during the promotional period and in some circumstances not all stores will be able to hold stock of certain product lines. On occasion, products may also be delayed due to suppliers, transport or other issues outside The Friendlies control. The Friendlies cannot be held responsible for typographical errors or omissions. Limit rights reserved. \*If symptoms persist see your health care professional. Always read the label, use only as directed. Incorrect use could be harmful. \*\*There is a maximum purchase quantity of three boxes. If you find any of these products advertised for less, we will give you 110% of the difference! That's our famous 110% PRICE GUARANTEE! All savings off normal R.R.P. v/ Vitamin supplements may only be of assistance if dietary vitamin intake is inadequate.



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